



Congress of the
Republic of the Philippines
House of Representatives
Quezon City

Dr. Ramon Ricardo A. Roque, CESO I, Diplomate
Deputy Secretary General

14 March 2016

DR. JANETTE PETILLA LORETO-GARIN
Secretary
Department of Health

Dear Secretary Garin:

It is with great pleasure to nominate and strongly endorse the **National Acupuncture Detoxification Association (NADA) Philippines** and its **President, Ms. Janet Pimentel Paredes NADA RT, ADS, MA**, in the search for "Heroes of Health" of the Department of Health under the organization and individual categories, respectively.

From its establishment in 2010, NADA Philippines has emerged as a trailblazer in the medical field offering the five-point ear acupuncture protocol known internationally as the NADA protocol. Under the leadership of President Paredes, this visionary organization has touched many lives especially those from the calamity-stricken areas. They have offered free acupuncture services to calamity victims to relieve them from stress, depression, anxiety and trauma caused by the onslaught of Typhoons Ondoy, Pepeng, and Yolanda.

President Paredes is presently with the Board of NADA Philippines. She has a former membership in the Executive Committee of the Integrative Medicine for Alternative Health Care Systems, Philippines, Inc. She is also a NADA Registered Trainer and an Acupuncture Detox Specialist with a Master's Degree.

In my association with Mam Paredes, I have found her to be an exceptional individual who contributed much in her chosen fields-of-specialization. Furthermore, I have known her to be God-oriented and of good moral character, traits that are vital and worth considering in recognizing her as one of the Heroes of Health.

Attached herewith are some of the articles about the organization's achievements on public service for your reference.

Thank you very much.

Truly yours,

A handwritten signature in black ink, appearing to read "Ramon Roque", written over a light blue grid background.

DR. RAMON RICARDO A. ROQUE, CESO I, Diplomate