



DoubleTree by Hilton Downtown Wilmington - Legal District 700 N. King Street Wilmington, Delaware 19801 **May 4-6, 2017** 

#### Welcome from NADA's President

Welcome to the 28th Annual Conference for the NADA protocol. This year the theme is NADA: Healing and Hope for Stress, Trauma and Addiction. Similar to many states in the United States, Delaware is faced with an opioid addiction epidemic. The Centers for Disease Control ranked Delaware, compared to the rest of the nation, as No. 1 in the rate at which high-dose opioid pain relievers are prescribed (at 8.8 per 100 people). In 2016, the number of overdose deaths involving fentanyl in Delaware more than doubled over 2015's statistics. And Delaware has the distinction of having the highest number of heroin drug busts in the country. We hope to introduce the NADA protocol as a well-established, cost-effective and non-pharmaceutical intervention that is ideally poised to be implemented widely in hospital and community settings in Delaware and beyond. It is important to realize that trauma and stress go hand in hand with chronic pain, and opioids are most often not the treatment of choice - they can actually make people worse. Effective treatment needs to incorporate ways to teach people how to relax and manage stress and trauma without using addictive substances, allowing them to learn that they have a natural instinct to heal and recover their well-being. Acudetox can be the first thing a person experiences in treatment that has an immediate effect - calming, relaxing and aiding sleep. This can then help them be more open to the other aspects of treatment. We are fortunate to host Michael DeLeon of Steered Straight as our key note speaker. He has been instrumental in bringing awareness to the opiate epidemic nationwide and the changing trends of marijuana and concentrates. We are excited to offer a rich program that highlights areas where NADA has been integrated effectively, both in inpatient and outpatient settings around the world.

Whether you are new to NADA or a long time member, I welcome you to the conference and encourage you to connect with your NADA community. We invite all questions you may have about NADA. In the Spirit of NADA, we welcome suggestions you may have as to how NADA can help open the path to recovery for people challenged by addictions, mental illness and trauma.

#### NADA Board of Directors

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#### **NADA Mission Statement**

The National Acupuncture Detoxification Association (NADA), a not-for-profit training and advocacy organization, encourages community wellness through the use of a standardized auricular acupuncture protocol for behavioral health, including addictions, mental health, and disaster and emotional trauma. We work to improve access and effectiveness of care through promoting policies and practices which integrate NADA-style treatment with other Western behavioral health modalities.

Not a member of NADA?

Email nadaoffice@acudetox.com or call (888) 765-6232 to join.

### Latty Stop no

Secretary

#### NADA: Healing and Hope for Stress, Trauma and Addiction

National Acupuncture Detoxification Association's 28th Conference: May 4-6, 2017 at the DoubleTree by Hilton - Legal District, Wilmington, Delaware Conference plenary sessions are held in the Hagley ballroom. NADA treatments are available at every refreshment break in the Salon D room.

#### Thursday, May 4, 2017

6:00 pm-8:00 pm	Conference Registration and Welcome Reception (Prefunction Area) Reception welcome and remarks: Sara Bursać & Libby Stuyt		
	Note on CE/PDAs: please initial your attendance verification form for each panel and event you attend if you would like to receive credit (form included in your program packet).		
Friday, May 5, 20	17		
8:00 am	Conference Registration	(Prefunction Area)	
8:45 am-9:15 am	Conference Welcome	(Hagley Ballroom)	
	Libby Stuyt, NADA President Cathy McKay, CEO of Connections Community Service Programs Sara Bursać, NADA Executive Director Michael Smith, NADA Founding Chairperson		
9:15 am-10:30 am	Plenary I	(Hagley Ballroom) <i>CE/PDAs for Plenary I: 1.25</i>	
	<b>The Delaware NADA Story</b> Sara Bursać, Moderator	,,,	
	Cheyenne Luzader: A Historical Perspective on Changes in the Delaware ADS law David Mercier: Shaping the First NADA Services in Delaware Barney Monks: Integrating NADA in New Castle County's Treatment Services		
10:30 am-11:00 am	Refreshment Break	(Prefunction Area)	
	NADA Treatments Location & Needle Safety Review for all ADSes	(Salon D)	
11:00 am-12:30 pm	Plenary Session II	(Hagley Ballroom) <i>CE/PDAs for Plenary II: 1.5</i>	
	Getting the Word out About NADA Claudia Voyles, Moderator		
	Katurah Bryant: Persistence Pays Off — Getting NADA Established Dolores Jimerson: Bringing NADA to the Yellowhawk Tribe in Oregon Danialle Rose: Grassroots Outreach at Standing Rock Stacy Sayre: Collaboration between NADA and the Medical Reserve Corps Libby Stuyt: Outreach, Education and Training for NADA in Colorado		

#### Friday, May 5, 2017, cont.

12:30 pm-2:00 pm Banquet Luncheon & Keynote

#### Keynote Speaker: Michael DeLeon

DeLeon is the founder and director of Steered Straight, a nonprofit that uses public assemblies, group presentations and documentary film to educate students, parents, schools and law-enforcement agencies about addiction and youth violence. Using his personal experience of incarceration and gang involvement, DeLeon is dedicated to steering youth in a positive direction.

#### (Longwood Ballroom) *CE/PDAs for Banquet Luncheon:* 1.25



Film Screening Friday May 5 8pm-9pm: An American Epidemic

2:00 pm-4:00 pm	Plenary Session III	(Hagley Ballroom) <i>CE/PDAs for plenary III: 2.0</i>
	NADA International Mette Wiinblad, Moderator	
	Adelheid Luchtrath: NADA for PTSD Among Refugee Populations Janet Paredes: Facing the Challenges of the Philippine Drug War with NADA Rita Nilsen: NADA in Norway Expands Into Multiple Health Sectors	
4:00 pm-4:30 pm	Refreshment Break	(Prefunction Area)
	NADA Treatments Location & Needle Safety Review for all ADSes	(Salon D)
4:30 pm-6:00 pm	Plenary Session IV	(Hagley Ballroom) <i>CE/PDAs for plenary IV: 1.5</i>
	How Does NADA Work Get Funded? Denise Romano, Moderator	
	Cindy Jimenez: Supporting NADA Services at a Community Health Center (CO) Sybil Marsh: Finding Staff Time to Sustain NADA in a Methadone Program (OH) Glynis Simmons: Securing NADA Acupuncture Through the Ryan White Care Act (NY) Angie Smith-Butterwick: Funding NADA Programs Through Federal Block Grants (MI)	
8:00 pm-9:00 pm	Michael DeLeon Film Screening An American Epidemic	(Hagley Ballroom) <i>CE/PDAs for film screening: 1.0</i>

Total CE/PDAs for Friday, 5/6: 8.5

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> Sybil Marsh Sheila Mason-Gonzales Bernard Monks Denise Romano Libby & Jeff Stuyt

> > ГП

#### NADA extends its gratitude to the following advertisers, exhibitors and sponsors for their support of the NADA mission:

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We are grateful to **Connections CSP, Wilmington and Dover sites**, for opening their doors to host the training and allow trainees to provide treatments to the program's clients and staff. We specifically want to thank **Cathy McKay, Kristi Felts** and **Jaimie Stafford** for their coordination efforts.

A special thank you to **AA Wellness Supply, ACP Medical Supplies/Carbo, Acurea**, **Helio**, **Lhasa OMS and Nutracontrol** for making a donation of needles, acupressure beads/seeds and sleepmix tea that were used in the pre-conference training.

NADA would also like to acknowledge the trainers who volunteered their time to lead the pre-conference training: **Carlos Alvarez**, **Cally Haber** and **Bob Storrer**.

We appreciate your support and commitment to the *Spirit of NADA*!

28in Conjerence. NADA Heating and hope for Stress, Trauma and Addiction May 4-0, 2017				
<u>Saturday, May 7,</u>				
7:30 am-8:30 am	Annual Member Meeting	(Hagley Ballroom)		
	NADA Today and in the Future: Q&A with the Executive Director and the NADA Board Complimentary Continental Breakfast - Open to All			
8:30 am-10:30 am	Plenary Session V	(Hagley Ballroom) <i>CE/PDAs for Plenary V: 2.0</i>		
	<b>Evidence-Based NADA</b> Ken Carter, Moderator			
	Adrianna Barajas and Bratati Chakraborty: NADA Program Survey Results — Observations from NADA's Social Work Interns Jessica Lee and Doug Miller: Merging Research and Clinical Practice at Keystone Substance Abuse Services in South Carolina Zara Melyan: Efficacy of the NADA Protocol Studied on Non-Human Subjects Claudia Voyles: A Retrospective on Research Over the Past Decade			
10:30 am-11:00 am	Refreshment Break	(Prefunction Area)		
	NADA Treatments Location & Needle Safety Review for all ADSes	(Salon D)		
11:00 am-12:30 pm	Plenary VI	(Hagley Ballroom) <i>CE/PDAs for Plenary VI: 1.5</i>		
	NADA At Its Best: Helping People Help Themselves Jo Ann Lenney, Moderator			
	Mark Farrington: A View Into the Chronic Pain Cli Hospital in Richmond, Virginia Deb Geno: Applying Creative Solutions to Integrate Health Program in Michigan Client Testimonials			
12:30 pm-1:30 pm	Luncheon & Video Contest Screening	(Longwood Ballroom) <i>CE/PDAs for Luncheon: 0.25</i>		
	<b>Region-Based Lunch — Connect With NADA</b> Friends in Your Community Sara Bursać and Rommell Washington, MCs			
2:00 pm-3:45 pm	Plenary Session VII	(Hagley Ballroom) <i>CE/PDAs for Plenary VII: 1.75</i>		
	<b>Bringing NADA to Communities in Need</b> Nikki Rodney, Moderator			
	Gill Croft & Rachel Peckham: Bringing NADA Into the Wider Sphere England Phillip Millerov & Bob Storrer: Keeping the Spirit of NADA Alive in Low-Income and Underserved Communities — A Grassroots Training Approach Lars Wiinblad: From Employment Unions to Workforce Centers — How the Training Approach Facilitates NADA Growth in Denmark			

#### Saturday, May 7, 2016, cont.

3:45 pm-4:00 pmConferring of NADA ADS Certificates(Hagley Ballroom)Carlos Alvarez, Cally Haber, Bob Storrer and ADS Trainees

Total CE/PDAs for Saturday, 5/6: 5.5

Total CE/PDAs for 5/5 and 5/6: 14

#### Continuing education credits have been approved by the following organizations:

California Acupuncture Board

Florida Acupuncture Board

National Association of Alcoholism and Drug Abuse Counselors (NAADAC)

National Association of Social Workers (NASW)

National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) Taylor College for Nurses

Remember to turn in your CEU sheets in order to receive the credit.

#### Х

Thank you for attending!

Take any pictures at the conference? Please share them with us. Send them to <u>nadaoffice@acudetox.com</u>

Submitted photos may be printed in *Guidepoints* and posted to the National Acupuncture Detoxification Association's Facebook page.

#### Alphabetical List of Speakers and Their Contact Information

Last Name, First Name	E-mail Address	Credentials	<u>City, State</u>	
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Bursać, Sara	nadaoffice@acudetox.com	LCSW, RT	Laramie, WY	
Carter, Kenneth	kocarter4@gmail.com	MD, MPH, RT	Charlotte, NC	
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Monks, Bernard	bmonks31@gmail.com	LCDP	Pennsville, NJ	

#### Alphabetical List of Speakers and their Contact Information, cont.

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#### Notes:

