

NADA Philippines Health Mission to Bicol Disaster Area During the Pandemic.

By Janet Pimentel Paredes

Three NADA acudetox specialists in the Bicol region, Joann Codillo, Jan Mikael Delis and Edel Pantua, organized a health mission last November 16, 2020 in San Francisco, Guinobatan, Albay. This area was very much affected by typhoon Quinta, Super Typhoon Rolly and Ulysses that totally washed out houses due to mud flow from Mount Mayon volcano. There were 5 casualties, 2 missing in the mud flow and 22 injured. Partially damaged properties were 222 and totally damaged houses were 251. This incident brought a lot of anxiety, stress and trauma to the residents of San Francisco. NADA ear acupuncture was a welcome treat to the disaster survivors who were in an evacuation center.

NADA Philippines coordinated with the barangay captain Reyaldo Namia and Mr. Rodolfo Orlanda to make the Health Mission possible. There were a total of fifty patients given free NADA ear acupuncture, 22 male and 28 female, ages 6 years old to 78 years old. The majority of the patients were finally able to relax and most of them slept during the treatment which lasted for thirty minutes.

Reflections of the NADA group in Bicol:

We had to take the risk. Our fellow Bicolanos, Bicolanas were traumatized after seeing lahar flow in the barangay. Children were traumatized seeing their house, farm animals, and their crops swept away by flowing mud coming from Mount Mayon. It was the strong spirit of helping our fellow Bicolanos and Bicolanas that even during this time of pandemic we needed to go out and help them.

We were able to treat 50 patients of different ages in Barangay San Francisco, Guinobatan Albay. Most of their complaints were anxiety and difficulty sleeping.

We had very young patients like Kyla who was traumatized after experiencing mud flow in their barangay. After her treatment, she encouraged her playmates (with parents' consent) to also try it.

Most of the children were able to sleep while having the treatment. I was very happy we were able to give them treatments after what they have gone through. I was praying while giving each patient treatment. I pray that they be granted peace of mind and that they will surpass their present situation of coping with the pandemic and at the same time with the numerous typhoons they underwent.

One ADS said "I prepared myself, not to think of Covid 19 . My mind set was to help the people in need. And it all turned out well! There was this feeling of fulfilment every time you see the smiles on their faces after dozing off for 30 minutes.

Another ADS noticed the glow and smile on the patients' faces during and after treatment. Some are not aware and hesitant about the NADA treatment. However, after some explanation from the NADA volunteers they were encouraged to be treated. And after they had undergone the treatment I noticed of some changes in them. They became relaxed and were able to nap.

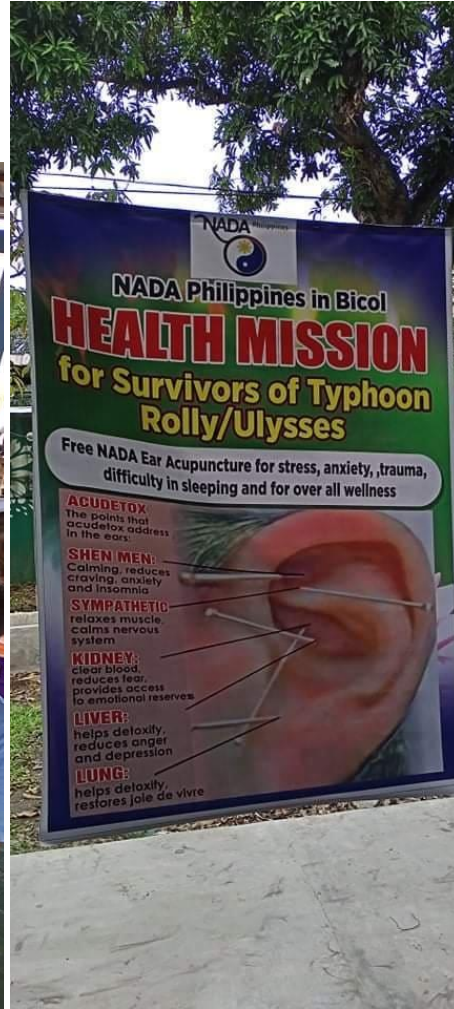
We are very thankful to God for the opportunity to be part of the health mission!

Thank you NADA Philippines for the opportunity!!!

San Francisco, Guinobatan Albay – where mud flow destroyed houses, crops and farm animals.







Children volunteered to have treatments too



Jan Mikael Delis in grey shirt, Joann Codillo in green and Edel Pantua far right in white shirt